

 <p>ગુજરાત પરિષદ</p>	<h2 style="color: red;">ખરજવું: હોમિયોપેથીક અભિગમ</h2>		
	<p>DR. RONAK SHAH'S DIVINE HOMEOPATHY</p> <p>Restoring Vitality</p> <p>SINCE 1991 M.D.(HOM.)</p> <p>☎9825050054</p>	<p>હળવા અને મધ્યમ ખરજવુંમાં હોમિયોપેથીનો સારો અવકાશ છે. આ કિસ્સાઓમાં સામાન્ય રીતે આઠથી બાર મહિનાની સારવારની જરૂર હોય છે. ખરજવુંના અદ્યતન કેસો અને સ્ટેરોઇડ આધારિત કેસોને સતત પુનઃપ્રાપ્તિ માટે થોડા વર્ષોની સારવારની જરૂર પડી શકે છે.</p> <p>🌐dr-ronakshah.com</p>	

ECZEMA: HOMEOPATHIC APPROACH

Eczema is a chronic inflammatory, non-contagious condition of the skin which is characterized by a red itchy, bumpy rash. The skin is dry and flaky and can also lead to thickening and hardening (lichenification) at the later stages. It is often synonymously used with the term 'dermatitis' and 'atopic dermatitis'. Eczema may be either acute or chronic. It may occur abruptly or gradually and may last for a few weeks or months or years.

Causes:

- Genetic tendencies, Eczema often runs in families.
- Some seasonal allergies like pollen allergies and hay fever are at their peak from March to May.
- Frequent contact with harsh soaps and detergents, metals, such as nickel and copper, exposure to dyes, chemicals, and cosmetics like deodorants, bleach, and regular use of synthetic clothing.
- Altered immunity.
- Certain conventional medicines when taken for a long time may also trigger an eczematous reaction.
- Prolonged stress can be a triggering factor for some individuals at some stage in their life.

Symptoms:

- Dry, itchy, and flaky skin.
- Lesions appear at the folds of the skin in 50%- 60% of individuals. Areas around the neck, in folds of the elbow, folds of the buttocks, and behind the knees are involved. But, they can also appear in singular dry hyperpigmented patches in other areas, such as the face, upper back, buttocks (as in nappy rash in infants), etc.
- Pus-like eruptions (as in nummular eczema, seborrhoeic dermatitis, stasis dermatitis) are seen that ooze white or yellow discharge. They can also be accompanied by a foul smell if the superadded bacterial infection exists.
- Hyperpigmentation and lichenification (hardening) of the skin occurs in the affected areas in the later stages.

Homeopathy for Eczema:

- Homeopathy has a good scope in treating recently detected cases of mild and moderate eczema. These cases usually require eight to twelve months of treatment.
- Advanced cases and steroid dependent cases of eczema (patients who have applied or consumed steroid medications for a long time) may need a few years of treatment for a sustained recovery.
- Recently-detected cases of eczema usually need a short course of homeopathic treatment, whereas long-standing cases (chronic) need long-term treatment.
- The treatment time varies from one person to person depending on their constitution, age, and genetic background.

We have documented more than thousands of cases of eczema, ranging from mild to severe cases, which were treated successfully.

There are many homeopathic remedies which act efficiently in treating varied cases of eczema such as Sulphur, Natrum muriaticum, Graphites, Silicea,, Thuja Mezereum, Borax, and nitric acid. Based on our remarkable experience, we strongly recommend homeopathy for the treatment of eczema